

Mission

CSB Youth & Family Services provides high quality mental health care in a broad service continuum. These services provide youth the opportunity to reach their individual potential and live successfully within the community, and provide families the opportunity to foster healthy development of their children.

Values

We believe that every youth is capable of maturing, healing and learning to cope more effectively. We are committed to supporting each youth's potential for personal growth.

We believe that all youth have the right to a safe environment in which they can grow to reach their own potential.

We value families and are committed to the involvement of families in the youth's life. We believe that every family possesses competencies that can be employed to deal with the situations they face.

We believe that all youth and families deserve to be treated as individuals with unique strengths, needs and abilities and that each individual's and family's preferences must be respected.

We believe that everyone involved in providing or receiving services have responsibilities to each other and are accountable for their actions.

We believe that the diversity of youth and families is to be valued and respected. We are committed to providing culturally competent services.



For referral and entry please call:
703-383-8500, TTY 711

Other important numbers:

24-hour Emergency Services
703-573-5679, TTY 703-207-7737

Adolescent Day Treatment
703-481-4169, TTY 711

Youth Residential Services
703-207-6960, TTY 711

CSB Youth & Family Services
8348 Traford Lane
Springfield, Virginia 22152

www.fairfaxcounty.gov/csb



This brochure can be made available in alternative format upon request. Please call 703-324-7000, TTY 711 and allow reasonable time to prepare the document.

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Fairfax-Falls Church Community
Services Board

Youth & Family Services



*Committed to healthy families
raising healthy youth*

Youth & Family Services



Assessment, Care Coordination & Treatment

This program serves children, adolescents and families in need of mental health services for emotional disturbances or difficulties in family relationships, or both. These disturbances range from those that are more focused and time-limited to those that require multiple interventions, such as psychoactive medications, multi-agency involvement and Comprehensive Services Act (CSA) case management. Ages 7 to 18 or high school completion.



Infant & Early Childhood Program

This program serves at-risk infants, toddlers, pre-school through early elementary school children and their parents. The array of services is designed to: support and guide parents in improving their parenting capacity; treat children who are developmentally compromised, at risk for or victims of abuse, have the potential to become Seriously Emotionally Disturbed and are at risk of multi-agency interventions. Ages birth to 6.

Juvenile Forensic

This program provides mental health diagnostic services to children and youth who come before the Juvenile and Domestic Relations District Court by reason of run-away, out of control, truant behavior and criminal activities. The program also provides dual diagnosis treatment and emergency assessment to youth at the Juvenile Detention Facility and court residential placements.



Adolescent Day Treatment

The adolescent day treatment program is run in collaboration with the Fairfax County Public Schools and is known as the Northwest Teen Alternative Program (Northwest TAP). Families served by the program are involved multiple times weekly in treatment designed for Seriously Emotionally Disturbed children and adolescents who can be treated at this level of care rather than residential or inpatient care. The program serves adolescents from 7th through 12th grades.

Mental Health Resource Program

This program provides Mental Health expertise, support and guidance to families who are not in treatment with Mental Health Services but who are involved with children-serving agencies such as the Courts, Schools and Family Services. The program operates primarily by joining agencies and families in Child Specific Teams, and by providing discharge planning from the state hospitals. The Resource Program manages the Mental Health Initiative funds and serves on the CSA prioritization committee for non-mandated youth.



Youth Residential Services

These programs provide residential treatment for Seriously Emotionally Disturbed youth. Sojourn House serves adolescent girls in a community-based setting. Services include group, family, individual milieu therapy and transition/discharge planning. Leland House is a public-private partnership with United Methodist Family Services and the county's Community Policy and Management Team. It is a crisis care facility that serves youth ages 12-17 who are in a psychiatric crisis or needing step-down services from an acute psychiatric setting.



Program Locations:

*South County-Alexandria
Northwest-Reston
Chantilly
Springfield
Woodburn-Annandale
Residential Sites
Juvenile Forensics*